



TACO RECIPE

Ingredients

- Lemon
- Lettuces
- Avocado
- Sour cream
- Tomato sauce
- Mince
- Soft taco shells

Directions

PREPARATION:
10MIN

COOKING: 10MIN

READY IN: 20MIN

- 1) Cook the mince on a pan
- 2) Once the mince is cooked add tomato sauce to it and let it sit on low
- 3) While the mince is sitting mash the avocado in a bowl and squeeze some lemon juice into it
- 4) Cut the lettuce into small bite able pieces
- 5) Microwave the taco shell for 20 seconds
- 6) Add the amount of mince you would like to use
- 7) Add any of the dressings that you would like

Maiah Waters



Taco Tuesday!

Taco Tuesday is a day for yous who don't know how to make taco's to get on up and try something new. This recipe is going to blow your minds and make you wish you had tried i sooner.

Since we are in lock-down now would be he perfect time to do something as a family.